

1 **Different Characteristics of Mitochondrial Dynamics-related miRNAs on the**
2 **Hemodynamics of Pulmonary Artery Hypertension and Chronic**
3 **Thromboembolic Pulmonary Hypertension**

4

5 Short running title: **Mitochondrial dynamics-related miRNA and PH**

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22 Key words: Pulmonary artery hypertension; Chronic thromboembolic pulmonary
23 hypertension; Mitochondrial dynamics; miRNA

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25

1 **Abstract**

2 **Background:** Mitochondria are dynamic organelles that undergo fission or fusion.
3 These mitochondrial dynamics are reported to be associated with pulmonary
4 hypertension (PH). PH is divided into 5 groups, including pulmonary artery
5 hypertension (PAH) and chronic thromboembolic pulmonary hypertension (CTEPH),
6 based on its pathogenesis. However, it is still unknown whether and how miRNAs
7 related to mitochondrial dynamics (MD) affect PAH and CTEPH.

8 **Methods:** We investigated patients who underwent right heart catheterization between
9 October 2016 and January 2019. Out of 34 PH patients, 12 were diagnosed with PAH,
10 and 22 were diagnosed with CTEPH. In addition, there were 30 patients diagnosed
11 with left heart disease. We enrolled the 34 PH patients as the PH group and 30 left
12 heart disease patients as the control group.

13 **Results:** Among MD-related miRNAs, the circulating levels of miR-140-3p were higher,
14 and those of miR-485-5p were lower in the PH group than in the control group ($p<0.01$),
15 suggesting that miRNAs inducing mitochondrial fission are related to PH. The miR-
16 140-3p levels in the PAH and CTEPH groups were higher than those in the control
17 group ($p<0.01$). The levels of miR-140-3p and miR-485-5p in the PAH group correlated
18 with pulmonary vascular resistance ($r=0.582$, $p=0.046$) and cardiac index ($r=-0.36$,
19 $p=0.04$), respectively. The miR-485-5p levels in the CTEPH group correlated with right
20 atrium pressure ($r=-0.456$, $p=0.049$).

21 **Conclusion:** MD-related miRNAs levels change to induce fission and are closely
22 related to the hemodynamics of PAH and CTEPH.

23

1 **Introduction**

2 Pulmonary hypertension (PH) is defined by a mean pulmonary arterial pressure
3 (mPAP) ≥ 25 mmHg at rest as assessed by right heart catheterization (RHC) [1]. PH is
4 a severe disease characterized by remodeling of the vasculature and increased
5 resistance, stiffness, and fibrosis of the pulmonary artery [2]. These factors lead PH
6 patients to right-sided heart failure and death. This disease is divided into 5 groups
7 depending on the location of lesions [3]. Group 1: Pulmonary artery hypertension
8 (PAH); Group 2: PH due to left heart disease; Group 3: PH due to lung diseases and/or
9 hypoxia; Group 4: Chronic thromboembolic pulmonary hypertension (CTEPH); Group
10 5: PH with unclear and/or multifactorial mechanisms. Among the 5 PH groups, PAH
11 and CTEPH are pre-capillary PH and the lesion focus exists on their pulmonary artery
12 [1,4]. In the past two decades, the diagnostic and treatment methods for these
13 diseases have changed markedly [5,6]. However, it remains a disease with poor
14 prognosis, and the cause of its pathophysiology is unclear.

15 The recent accumulation of evidence demonstrates that PAH is modulated by
16 microRNAs (miRNAs) which are small non-coding single-stranded RNA molecules
17 around 22 nucleotides long that bind to mRNA and downregulate relevant gene
18 expression by degrading mRNA. Recently it has been revealed that some miRNAs
19 modulating PAH are related to mitochondrial dynamics [7,8]. Mitochondria play a role
20 in generating ATP as energy for cells, regulating apoptosis and necrosis, and
21 producing secondary reactive oxygen species upon ATP production, which is
22 responsible for the development of cardiovascular diseases. Mitochondria are dynamic
23 organelles that change their morphology through fusion and fission to meet various cell
24 functional demands. Mitochondrial fusion combines individual mitochondrial
25 membranes by stimulation, and conversely, mitochondrial fission is marked by the

1 fragmentation of mitochondria and mitochondrial networks in response to stress [9,10].
2 It has recently been demonstrated that mitochondrial dynamics are associated with
3 several cardiovascular diseases, including PAH, and play a pivotal role in regulating
4 cell proliferation in the pathophysiology of PAH [11]. However, most of these reports
5 were based on animal experiments and only focusing on PAH. Therefore, it is little
6 known 1) whether miRNAs related to mitochondrial dynamics are clinically involved in
7 PH, and 2) how the miRNA level changes due to the difference in each PH group,
8 especially PAH and CTEPH. In this study, we examined whether and how miRNAs
9 related to mitochondrial dynamics were involved in PAH and CTEPH.

10

11 **Methods**

12 *Patients and study design*

13 From October 2016 to January 2019, we registered patients who underwent RHC to
14 evaluate right and left cardiac function, such as cardiac output and pulmonary blood
15 pressure, in our hospital, which was a referral-type hospital with approximately 600
16 beds. Based on these results, we diagnosed and classified these patients according
17 to the PH guidelines (JCS 2017/JPCPHS 2017) [1]. When the pulmonary artery wedge
18 pressure (PAWP) was <15 mmHg and mPAP ≥ 25 mmHg, we diagnosed the patient
19 with pre-capillary PH. Out of the 41 pre-capillary PH patients, we excluded 7 patients
20 with severe lung disease as there was a distinct change in not only the pulmonary
21 artery but also the pulmonary alveolus. Among the remaining 34 PH patients, 12
22 patients were diagnosed with PAH, and 22 patients were diagnosed with CTEPH. PAH
23 patients contained 3 idiopathic PAH patients, 3 connective tissue diseases, 3
24 congenital heart disease, 1 human immunodeficiency virus infection, 1 portopulmonary
25 hypertension, and 1 pulmonary veno-occlusive disease. We enrolled these 34 patients

1 diagnosed with PAH and CTEPH as the PH group. In addition, there were 30 patients
2 who underwent RHC for evaluating hemodynamics because of left heart disease (5
3 patients with congenital heart disease patients, 13 with valvular disease patients, 6
4 with ischemic heart disease, and 6 with heart failure). We enrolled 30 patients as the
5 control group, and all of them were not pre-capillary PH patients. All patients who were
6 about to undergo RHC were informed about this study, and only patients who
7 consented to the study were enrolled. This study complied with the standards of the
8 Declaration of Helsinki and current ethical guidelines and was approved by our hospital
9 ethics committee and the approval number of the ethics committee is 160090 (28-98).
10 (Fig. 1).

11 *Hemodynamic measurements and blood sampling*

12 RHC was performed at rest in the supine position. We introduced a sheath through
13 the internal jugular vein or femoral vein followed by a 6Fr or 7Fr Swan-Gantz catheter.
14 Then, 15 mL of blood was sampled from the sheath and centrifuged at 1,000 g for 15
15 min to obtain the serum sample. PAP, PAWP, right atrium pressure (RAP), right
16 ventricle (RV) pressure, cardiac index (CI), and pulmonary vascular resistance (PVR)
17 were measured.

18 *Measurement of circulating miRNA*

19 We measured circulating miRNA by quantitative real-time polymerase chain reaction
20 (qRT-PCR) as described previously [12]. In brief, total RNA was isolated from serum
21 samples using the miRNeasy Serum/Plasma Kit (QIAGEN, Hilden, Germany). Reverse
22 transcription into cDNA and RT-PCR were performed using the TaqMan Advanced
23 miRNA Assays Kit (Thermo Fisher Scientific, Waltham, USA), according to the
24 manufacturer's instructions. To date, it has been reported that miR-30, miR-485, and
25 miR-499 induce mitochondrial fusion, and miR-140 causes mitochondrial fission [13-

1 18]. The levels of miR-30a-3p, miR-30a-5p, miR-140-3p, miR-140-5p, miR-485-3p,
2 miR-485-5p, and miR-499a-5p were measured and normalized to the cel-miR-39-3p
3 [19]. Primers for human miRNA were purchased from Invitrogen(Carlsbad, USA), and
4 miRNA sequences and their miRBase accession numbers are shown in Table 1.

5 *Statistical analysis*

6 As there was substantial skewing of miRNA values, logarithmic transformation was
7 applied to subordinate the skewed values. Comparison of basic characteristics
8 between the two groups, control vs. PH, was performed using Student's t-test for
9 parametric data or the Wilcoxon test for nonparametric data. A chi-square test was
10 performed to compare sex between the two groups. Comparison of the miRNA levels
11 in both the control and PH groups was performed using Student's t-test. Analysis of
12 variance was performed to compare the levels of miRNAs in control, PAH, and CTEPH
13 groups. We used linear regression analysis to evaluate the correlation between miRNA
14 levels and hemodynamic data. If the hemodynamic data were nonparametric, we
15 applied logarithmic transformation. Statistical analysis was performed using the JMP
16 statistical analysis package (JMP Pro version 14, SAS, Cary, NC, USA). We assumed
17 statistical significance at a p -value of <0.05 .

18

19 **Results**

20 *Patient characteristics*

21 Patient characteristics and hemodynamics data are shown in Table 2. The median
22 age of the control group was higher than that of the PH group ($p=0.034$), 67.4 ± 12.0
23 years vs. 60.2 ± 14.0 years, respectively. There were 14 females in the control group
24 (46.7%) and 29 females in the PH group (85.3%). The rate of females in the PH group
25 was significantly higher than that in the control group ($p=0.001$). We tested 6-minute

1 walk test (6MWD) in the PH group. The median value of 6MWD was 371.0 m (293.0-
2 433.0 m) in the PH group, and there was no difference between the PAH group and
3 the CTEPH group. Serum B-type natriuretic peptide level was higher in the control
4 group ($p=0.002$), and there was no difference between the PAH group and the CTEPH
5 group. There was no difference in the RAP and CI measures. mPAP and PVR were
6 significantly higher in the PH group than in the control group ($p<0.001$). The PAWP of
7 the control group was higher than that of the PH group ($p<0.001$). Nine patients from
8 the PAH and CTEPH groups, each, had been treated with specific pulmonary
9 vasodilators. Fifteen patients from the control group had been treated with diuretics,
10 and 10 patients from the PAH group and 8 patients from the CTEPH group had been
11 treated with diuretics. We measured mixed venous oxygen saturation (SVO_2) in PH
12 patients through RHC. In the PH group, the median value of SVO_2 was 68.9% (62.8-
13 73.9%). There was no significant difference between the PAH and CTEPH groups.
14 There were 10 patients from PAH group and 9 patients from CTEPH group who were
15 treated with home oxygen therapy.

16 ***The circulation levels of miR-140-3P and miR-485-5P were involved in the***
17 ***pathophysiology of PH***

18 We compared miRNA levels in the PH group to those in the control group. The
19 circulating miRNA levels of miR-140-3p were higher, while those of miR-485-5p were
20 lower, in the PH group compared to those in the control group. The circulation levels
21 of miRNA-30, miRNA-140-5p, miRNA-485-3p, and miRNA-499 did not differ between
22 the two groups (Fig. 2).

23 Next, we compared the circulating miRNA-140 and miRNA-485 levels between the
24 PAH, CTEPH, and control groups. The circulating levels of miRNA-140-3p were higher,
25 while those of miRNA-485-5p were lower, in both PAH and CTEPH groups, compared

1 to those in the control group. Furthermore, miRNA-140-3p and miRNA-485-5p levels
2 did not differ between the PAH and CTEPH groups. Also, miRNA-140-5p and miRNA-
3 485-3p levels did not differ between the PAH, CTEPH, and control groups (Fig. 3).

4 Moreover, we investigated the relationship between the circulating miRNA-140 or
5 miRNA-485 levels and the clinical data, and the hemodynamic parameters. The serum
6 B-type natriuretic peptide levels and the 6MWD were not correlated with the level of
7 miR-140 and miR-485 in any groups. In the PAH+CTEPH group, the miRNA-485-5p
8 level was related to RAP. In the PAH group, the miRNA-140 level was related to PVR
9 and the miRNA-485-5p level was related to CI. In the CTEPH group, the miRNA-485-
10 5p level was related to RAP. We also investigated the relationship between miRNAs
11 and SVO₂ and found that there was no correlation (Table 3). The levels of miRNAs did
12 not differ between patients based on whether they had received medical treatment with
13 specific pulmonary vasodilators.

14

15 **Discussion**

16 In this study, we demonstrated that the miR-140-3p levels in the PH group were
17 significantly higher than those in the control group, and the miR-485-5p levels in the
18 PH group were significantly lower than those in the control group. Additionally, miR-
19 140-3p and miR-485-5p levels were related to hemodynamic parameters. Other
20 mitochondrial dynamics-related miRNAs, such as miR-30 and miR-499 did not differ
21 between the PH and control groups.

22 Previous clinical studies demonstrated that either circulating levels of miR-140 and
23 miR-485 were related to coronary artery diseases, such as acute coronary syndrome
24 [20-22]. However, precise mechanisms by which either circulating miR-140 or miR-485
25 is regulated in coronary artery diseases are still unclear, and there are few clinical

1 reports to show the relationship among miR-140, miR-485, and PH. A previous study
2 using animal models and in vitro experiments reported that miRNA-140 levels were
3 increased in PH [23]. Another study revealed that miR-140-5p was downregulated in
4 patients with PAH and experimental in vitro models of PAH [24]. Since there are few
5 reports clinically examined in PH patients including not only PAH but also CTEPH, it is
6 still controversial whether miRNAs related to mitochondrial dynamics were involved in
7 PAH and CTEPH. Our paper is a novel clinical study revealing that mitochondrial
8 dynamics-related miRNAs are involved in not only PAH but also CTEPH and have
9 different characteristics in the relationship between hemodynamics and the difference
10 in each PH group, PAH and CTEPH.

11 Mitochondrial dynamics are controlled by mitochondrial fission proteins, Drp1 and
12 Fis1, and fusion proteins, mitofusin 1 and 2 (Mfn1 and Mfn2), and OPA1, through
13 opposing actions. A previous experimental study revealed that reactive oxygen species
14 and doxorubicin induced mitochondrial fission and apoptosis in cardiomyocytes [16].
15 In this experimental study, Mfn1 was downregulated, whereas miR-140 was
16 upregulated upon apoptotic stimulation. Furthermore, knockdown of miR-140
17 increased the expression of Mfn1, inhibited mitochondrial fission, and reduced
18 myocardial infarct sizes in an animal model. Another experimental study demonstrated
19 that overexpression of miR-485-5p blocked mitochondrial fission and myocardial
20 hypertrophy [17]. Since circulating levels of miR-140 increased and miR-485
21 decreased in PH patients in our clinical study, such alteration of miRNA is thought to
22 be related to the change of mitochondrial dynamics to fission. Marsboom et al. showed
23 that excessive fission with activation of the fission factor, Drp1, occurred in PAH, which
24 led to an increase in intracellular calcium, activity of the mitosis promoter cyclin
25 B1/CDK1, and normoxic activation of hypoxia-induced factor (HIF-1 α) [8].

1 Downregulation of miR-485-5p is also reported to be involved in promoting the
2 proliferation of several cells, including vascular cells [25-27]. These results, altogether,
3 suggest that the increase of miR-140 and the decrease of miR-485 may contribute to
4 force mitochondrial dynamics to fission and promote pulmonary vascular cell
5 proliferation.

6 In PAH lung, arterial media and intima gradually augment their thickness, leading to
7 an increase in PVR [3]. Indeed, our study showed that the alteration of circulating miR-
8 140-3p levels correlated to PVR only in the PAH group but not in the CTEPH group,
9 even though the miR-140-3p levels were higher in both PAH and CTEPH groups.
10 Intimal thickening and remodeling of small pulmonary vessels are also observed in the
11 CTEPH lung [9]. This change was explained by the shear stress of the non-occluded
12 area. However, the main cause of pathology in CTEPH is thromboembolic obstruction
13 [28]. Therefore, alteration of miR-140-3p and miR-485-5p levels, specifically the
14 increase in miR-140-3p levels, may contribute to the etiology of PAH through
15 pathological changes.

16 On the other hand, the miR-485-5p levels correlated with CI in the PAH group and
17 RA in the CTEPH group. A previous study reported that miR-485-5p was related to
18 cardiomyocyte hypertrophy [17]. Overexpression of miR-485-5p blocked mitochondrial
19 fission and hypertrophy induced by phenylephrine by inhibiting MAPL expression and
20 increasing the levels of fusion factor, Mfn2, in cultured primary cardiomyocytes. MAPL
21 is a small ubiquitin like modifier E3 ligase and an important contributor in the
22 mitochondrial fission process. In our study, miR-485-5p levels in the CTEPH group
23 correlated to RAP, which represents pressure overload of the right heart, and may
24 facilitate right atrial and ventricular cardiomyocyte remodeling. Therefore, a decrease
25 in miR-485-5p levels may indicate cellular remodeling in PH patients.

1 In our study, the decrease in miR-485-5p levels was also correlated with the
2 decrease of CI in the PAH group. Regarding the cardiac function in the pathophysiology
3 of PH, there is ventricular interdependence between the RV and left ventricle (LV) [29].
4 Pressure overload applies mechanical stress on the RV, and the RV is dilated. RV
5 overload and dilation, in turn, decrease LV compliance and stroke volume [30].
6 Considering that RV overload leads to an increase in RAP, which correlates with the
7 miR-485-5p level, the correlation between the miR-485-5p level and CI may be derived
8 from ventricular interdependence through RV overload. However, the mechanisms
9 underlying how these correlations are dependent on the disease type (PAH or CTEPH)
10 are unclear. Since CI and RA are indicators of clinical prognosis in PH patients [31,32]
11 alteration of circulating miR-485-5p levels may also represent clinical severity.

12 SVO₂, which reflects the oxygen supply to the whole body, is used in risk assessment
13 of patients with PAH [31,32]. However, there was no correlation between miRNAs and
14 SVO₂ in this study. We examined miRNAs using only hemodynamics and SVO₂ data
15 gathered by RHC. Further studies with other modality data are needed to evaluate the
16 association between SVO₂ and miRNAs.

17

18 **Limitations**

19 Due to the clinical experimentation using patients with PH, we could not investigate
20 the pathological features of pulmonary vessels or the status of mitochondrial
21 morphology (fission and fusion) on vascular lesions. The origins of miRNAs were also
22 unclear. Since PH is a rare disease, the number of patients enrolled in this study was
23 small. In this experiment, we measured mitochondrial dynamics related miRNAs which
24 were previously reported to be associated to cardiovascular diseases, such as
25 coronary artery disease and cardiac hypertrophy. Since there are many other miRNAs

1 related to mitochondrial dynamics in other than cardiovascular system, it would be
2 beneficial to examine whether these miRNAs are also associated with PH.
3 Furthermore, since this was a cross-sectional study, we could not evaluate the changes
4 in miRNA levels over time, i.e. whether the miRNA levels changed along the course of
5 the specific PH therapy.

6

7 **Conclusion**

8 Mitochondrial dynamics-related circulating miRNAs, miR-140-3p and miR-485-5p,
9 show different characteristics and may play crucial roles in regulating hemodynamic
10 changes in clinical PAH and CTEPH.

11

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19

20 **Disclosure**

21 None

22

1 **Table 1** miRNA sequences.

miRNA	Sequence	miRBase Accession Number
miR-30a-3p	CUUUCAGUCGGAUGUUUGCAGC	MIMAT0000088
miR-30a-5p	UGUAAACAUCCUCGACUGGAAG	MIMAT0000087
miR-140-3p	UACCACAGGGUAGAACCACGG	MIMAT0004597
miR-140-5p	CAGUGGUUUUACCCUAUGGUAG	MIMAT0000431
miR-485-3p	GUCAUACACGGCUCUCCUCUCU	MIMAT0002176
miR-485-5p	AGAGGCUGGCCGUGAUGAAUUC	MIMAT0002175
miR-499a-5p	UUAAGACUUGCAGUGAUGUUU	MIMAT0002870
Cel-miR-39-3p	UCACCGGGUGUAAAUCAGCUUG	MIMAT0000010

2

1 **Table 2** Patients' characteristics.

2

	control n=30	PH (PAH+CTEPH) n=34	PAH n=12	CTEPH n=22	p-value (control vs PH)
Age (years)	67.4±12.0	60.2±14.0	51.0±17.2	65.2±8.9	0.034
Female (%)	14 (46.7)	29 (85.3)	10 (83.3)	19 (86.4)	0.001
NYHA I /II/III/IV	2/20/5/3	0/19/14/1	0/8/3/1	0/11/11/0	
6MWD (m)	-	371.0 (293.0- 433.0)	236.5 (67.5- 362.0)	381.0 (318.0- 450.0)	-
BNP (pg/mL)	108.4 (44.4- 338.9)	47.4 (12.2-165.6)	25.3 (8.8- 64.3)	53.8 (18.5- 209.2)	0.002
mPAP (mmHg)	16.0 (14.0- 24.0)	33.5 (25.75-43.0)	27.0 (25.0- 38.25)	37.0 (29.8- 43.5)	<0.001
PAWP (mmHg)	11.2±5.3	7.3±3.1	7.6±2.5	7.1±3.5	<0.001
RA (mmHg)	4.5 (3.0-7.0)	4 (3.0-6.3)	4.5 (4.0-6.0)	3.0 (2.8-7.3)	0.311
CI (L/min/m ²)	2.7±0.6	2.6±0.9	3.3±1.1	2.2±0.4	0.340

PVR (Wood · units)	1.6 (1.2-2.0)	6.3 (5.9-12.3)	4.5 (2.4-6.0)	7.8 (5.9-12.4)	<0.001
SVO ₂ (%)	-	68.9 (62.8-73.9)	73.8 (56.9- 77.6)	67.5 (62.8- 72.0)	-
Diuretics	15	18	10	8	-
HOT	0	19	10	9	-

1

2 PAH, pulmonary artery hypertension; PH, pulmonary hypertension; CTEPH, chronic
3 thromboembolic pulmonary hypertension; NYHA, New York Heart Association
4 functional classification; 6MWD, 6-minute walking distance; BNP, B-type natriuretic
5 peptide; mPAP, mean pulmonary artery pressure; PAWP, pulmonary artery wedge
6 pressure; RA, right atrial pressure; CI, cardiac index; PVR, pulmonary vascular
7 resistance; SVO₂, mixed venous oxygen saturation; HOT, home oxygen therapy.

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	0.596	0.048	0.224	0.340	0.495	0.496	0.492
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CTEPH							
	log (RA)	CI	log (mPAP)	PVR	log (SVO ₂)	log (BNP)	log (6MWD)
log (140-3p)	r = 0.223	r = -0.090	r = 0.241	r = 0.190	r = -0.068	r = -0.190	r = -0.080
	p = 0.373	p = 0.713	p = 0.312	p = 0.434	p = 0.781	p = 0.435	p = 0.784
log (485-5p)	r = -0.531	r = 0.145	r = -0.022	r = -0.059	r = 0.218	r = 0.245	r = 0.346
	p = 0.023	p = 0.552	p = 0.927	p = 0.807	p = 0.369	p = 0.310	p = 0.224

2

3 PAH, pulmonary artery hypertension; PH, pulmonary hypertension; CTEPH, chronic
4 thromboembolic pulmonary hypertension; RA, right atrial pressure; CI, cardiac index;
5 mPAP, mean pulmonary artery pressure; PVR, pulmonary vascular resistance; SVO₂,
6 mixed venous oxygen saturation; BNP, B-type natriuretic peptide; 6MWD, 6-minute
7 walk distance.

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1 **Figure Legends**

2 **Figure 1** Division of the RHC patients. Patients who underwent RHC because of left
3 heart disease were the control group (n=30). There were 41 pre-capillary PH
4 patients, whose mean pulmonary arterial pressure was 25 mmHg or over, and whose
5 pulmonary artery wedge pressure was less than 15 mmHg, and we excluded 7
6 patients with pulmonary disease from these 41 patients. The remaining 34 PH
7 patients were classified as the PH group.

8 PAH, pulmonary artery hypertension; PH, pulmonary hypertension; CTEPH, chronic
9 thromboembolic pulmonary hypertension; RHC, right heart catheterization.

10 **Figure 2** Comparison of serum miRNAs levels; control group vs PH group.

11 The miRNA levels of miR-140-3p were higher and those of miR-485-5P were lower in
12 the PH group than in the control group.

13 PH, pulmonary hypertension.

14

15 **Figure 3** Comparison of miR140-3p and miR485-5p levels; control vs PAH vs

16 CTEPH. The miRNA-140-3p level was higher and that of miRNA-485-5p was lower in
17 the PAH and CTEPH groups than in the control group. There was no change in the
18 miRNA-140-3p level between the PAH group and CTEPH group.

19 PAH, pulmonary artery hypertension; CTEPH, chronic thromboembolic pulmonary
20 hypertension.

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