## Estimation of the risk of postoperative hypertension following minor to moderate surgery using an echocardiogram biomarkers

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This study aimed to determine independent factors of developing postoperative hypertension using four biomarkers in patients receiving oral and maxillofacial surgery under general anesthesia. Brain natriuretic peptide (BNP), N-terminal pro-B-type natriuretic peptide (NT-proBNP), high-sensitivity myocardial troponin T (hs-TnT), and high-sensitivity myocardial troponin I (hs-TnI) were measured and preoperative echocardiograms were examined. Episodes of systolic blood pressure (SBP)  $\geq 170$  mmHg or diastolic blood pressure  $\geq 100$  mmHg within 1 week after surgery were considered postoperative hypertension. We analyzed 213 (130 men; 83 women) patients, who were divided into the postoperative hypertension group (HT group, n=32) and the normal group (N group, n=181). The HT group showed a higher LVMI (113.5 vs 100.1), E/e' of the lateral wall (9.1 vs 7.7), and BNP (39.2 vs 22.9 pg/mL), NT-proBNP (400.1 vs 143.9 pg/mL), hs-TnT (15.6 vs 10.3 ng/L) concentrations than the N group. NT-proBNP and hs-TnT concentrations positively associated with E/e', but BNP and hs-TnI did not. NT-proBNP (AUC =0.64, cutoff value: 117.0 pg/mL) and hs-TnT (AUC=0.61, cutoff value: 11.0 ng/L) concentrations were effective for discriminating  $E/e' \ge 12$ . Multivariate logistic regression analyses showed that risk factors responsible for developing postoperative hypertension were NT-proBNP and hs-TnT using biomarkers and E/e' as independent variables, and NT-proBNP and SBP at admission using biomarkers and SBP at admission as independent variables. These findings suggest that NT-proBNP and hs-TnT concentrations, and SBP at admission, are useful to predict postoperative hypertension after minor to moderate surgery, and that left ventricular filling pressure is a primary factor associated with postoperative hypertension.