## Median neuropathy at the wrist as an early manifestation of diabetic neuropathy 堀之内秀治

## Abstract

**Aims/Introduction:** To elucidate the clinical significance of median neuropathy at the wrist (MN) in patients with diabetes.

**Materials and Methods:** In total, 340 patients with diabetes who were hospitalized for glycemic control were enrolled in the present study. The diagnoses of MN and diabetic polyneuropathy (DPN) were based on electrophysiological criteria. A total of 187 patients were divided into four subgroups: patients without MN or DPN; patients with MN and DPN; and patients with DPN without MN. Intergroup

comparisons of clinical characteristics and results of nerve conduction studies were carried out.

Results: A total of 71 patients had neither MN nor DPN; 25 had MN, but no DPN; 55 had MN and DPN; and 36 had

DPN, but no MN. In comparison with the MN and DPN group, the MN without DPN group included more patients in

the early phase of diabetes (diagnosed within the past 5 years) and fewer patients with diabetic microangiopathy.

Comparative median nerve conduction studies showed significantly lower motor and sensory nerve conduction

velocities, longer F-wave latencies, and smaller sensory nerve action potentials in patients with MN and DPN than in

those without DPN.

Conclusions: MN in patients with diabetes could be attributed to an impairment in axonal function at common

entrapment sites, and could be used to identify an early manifestation of diabetic neuropathy.