

1 **Role of prolactin-like protein (PRL-L) in cold-induced increase of muscle mass in**  
2 **chicks**

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17

## 18 **Abstract**

19

20 This study examined the hypothesis that a novel prolactin-like protein gene (PRL-L) is  
21 involved in cold-induced growth of skeletal muscle in chicks. Six-day-old chicks  
22 (*Gallus gallus domesticus*) were exposed to cold at 4 °C or kept warm at 30 °C for 24  
23 hours. Cold exposure induced significant increases in PRL-L expression that coincided  
24 with increases in the weight of the sartorius muscle, which comprises both fast- and  
25 slow-twitch fibers. Meanwhile, no induction of PRL-L mRNA was observed in the heart,  
26 liver, kidney, brain, or fat. Myoblast cells that expressed PRL-L mRNA grew faster than  
27 untransduced cells in media containing 2% serum. These results suggested that PRL-L  
28 might be involved in in controlling cold-induced muscle growth of chicks.

29

30 **Keywords:** cold adaptation, cold tolerance, muscle growth, prolactin-like protein,  
31 thermogenesis

32

33 **Abbreviations:** PRL-L, prolactin-like protein; NT, no treatment; GAPDH,  
34 glyceraldehyde-3-phosphate dehydrogenase

35

## 36 **1. Introduction**

37 Newborn chicks cannot maintain their body temperature in a cold environment because  
38 of their immature thermogenic ability [12,16], but they acquire the capacity for  
39 thermogenesis as they post nately develop skeletal muscle. Most chicks (*Gallus gallus*  
40 *domesticus*) older than 6 days tolerate 24 h of cold exposure (4°C) and maintain their  
41 body temperature over this time, accompanied by both increasing mass in their leg

42 muscles (sartorius and quadriceps muscle) and a transformation of muscle fibers from  
43 fast- to slow-twitch [5,8]. From the quadriceps of the cold-exposed chicks, 16  
44 independent cold-induced genes were obtained by subtraction and differential display  
45 analysis [5]. One of them was in agreement with a novel prolactin like protein (PRL-L)  
46 gene [20]. Wang et al. [20] reported that PRL-L was widely expressed at sites outside  
47 the pituitary gland of adult chickens. The predicted PRL-like protein precursor is 225  
48 amino acids in length; however, the role of the PRL-L has not yet been reported.

49         The objective of this study was to examine the role of PRL-L in the skeletal  
50 muscle of neonatal chicks. We previously reported that the leg muscle mass of neonatal  
51 chicks was increased in response to 24 h of cold exposure, whereas the pectoral muscle  
52 mass was not changed [8]. The leg muscles of chicks (i.e., sartorius muscle and  
53 gastrocnemius muscle) are composed of both fast- and slow-twitch fibers [11,14], while  
54 the pectoralis muscle is composed of only fast-twitch fibers [13]. In this study, the  
55 sartorius muscles and gastrocnemius muscles were defined as mixed muscle, and the  
56 pectoral muscle was defined as white muscle. Therefore, in the current study, we  
57 examined whether PRL-L is involved in cold-induced growth of mixed muscles using  
58 this animal model. We herein show that cold exposure induced a marked increase in the  
59 expression of PRL-L mRNA in mixed muscle of chicks. Although this gene was  
60 increased in white muscle in response to cold exposure, the degree of increase was 50  
61 times higher in mixed muscle compared to that in white muscle. We also observed that  
62 myoblast cells transduced with the PRL-L gene showed high proliferation rates under  
63 low serum conditions. Finally, our additional study on the localization of PRL-L protein  
64 provides evidence that this protein exists in the extracellular matrix in the mixed muscle  
65 of chicks.

66

## 67 **2. Materials and methods**

68

### 69 *2.1. Animals and treatment.*

70 Chicks hatched from genetically identical Rhode Island Red (*Gallus gallus*  
71 *domesticus*) eggs were bred at the Agricultural and Forestry Research Center, University  
72 of Tsukuba, in accordance with institutional guidelines. All chicks were kept at a  
73 thermoneutral temperature (30 °C and 60% relative humidity) until they were exposed  
74 to cold temperature (4 °C and 60% relative humidity). All chicks had free access to food  
75 and water under constant 24 h lighting. To examine the effects of cold exposure on  
76 PRL-L mRNA expression in chicks, two separate experiments were performed. (i)  
77 Twelve 6-day-old chicks were randomly divided into two groups (cold exposure and no  
78 treatment [NT]). The cold exposure group was exposed to cold temperature for 24 h,  
79 and the NT group was kept at a thermoneutral temperature for 24 h as a control. After  
80 measurement of body temperature, chicks were killed by cervical dislocation under  
81 ether anesthesia after each treatment. Sartorius muscle, pectoral muscle, heart, liver,  
82 kidney, brain, and fat were collected and immediately frozen in liquid nitrogen and  
83 stored at -80 °C until use. (ii) Thirty-six 6-day-old chicks were randomly divided into  
84 five groups. Four of the five groups were exposed to cold temperature for 0.5, 1, 3, and  
85 6 h, respectively, and the remaining group served as controls (0 h). All chicks were  
86 killed by cervical dislocation under ether anesthesia after each treatment. Sartorius  
87 muscles collected from both legs were weighed, immediately frozen in liquid nitrogen,  
88 and stored at -80 °C until use for mRNA expression and protein expression. The  
89 gastrocnemius muscle was collected from the NT groups and embedded for

90 immunofluorescence in OCT compound (Sakura Finetechnical Co., Ltd., Tokyo, Japan)  
91 and rapidly frozen in isopentane chilled in liquid nitrogen. The experimental protocols  
92 and procedures were reviewed and approved by the Animal Care and Use Committee of  
93 the University of Tsukuba, Japan.

94 To examine the effects of cold exposure on PRL-L mRNA expression in  
95 pituitary gland of chicks, 12 male broiler chicks (Chunky strain ROS308, provided by  
96 Kajiki Kumiai Hina Center, Kagoshima, Japan) were divided into two groups and  
97 exposed to cold temperature or thermoneutral temperature for 24 hours. All chicks were  
98 killed by cervical dislocation under ether anesthesia after treatment. Pituitary gland was  
99 collected, immediately frozen in liquid nitrogen, and stored at -80 °C until use for  
100 mRNA expression. The experimental protocols and procedures were reviewed and  
101 approved by the Animal Care and Use Committee of the Kagoshima University, Japan.

102

### 103 *2.2. RNA extraction and northern blotting.*

104 Total RNA was purified using TRIzol reagent (Invitrogen, Tokyo, Japan)  
105 according to the manufacturer's instructions. Northern blot analysis was performed as  
106 described previously [7]. Image analysis was performed using a Macintosh computer  
107 and the public domain NIH Image program. Grey scale thresholding was used to  
108 separate positive staining from background, and no visible band was observed in the  
109 negative control lane (background).

110

### 111 *2.3. Quantitative real-time PCR.*

112 Real-time PCR was performed as described previously [9]. In brief, cDNA was  
113 synthesized at 40 ng RNA per 10 µL of reaction solution with PrimeScript RT reagent

114 Kit (Takara, Shiga, Japan), which was set at reverse transcription 37 °C for 15 min,  
115 inactivation of reverse transcriptase 85 °C for 5 s, and refrigeration 4 °C for 5 min using  
116 PC-320 (ASTECC, Fukuoka, Japan). The primers used in this study are listed in Table 1.  
117 Gene expression was measured by real-time PCR using the 7300 Real-Time PCR  
118 system (Applied Biosystems, Foster City, CA) with SYBR Premix Ex Taq (Takara,  
119 Shiga, Japan). The thermal cycle was as follows: 1 cycle at 95 °C for 10 s, and 60 cycles  
120 at 95 °C for 5 s, 60 °C for 30 s, and 80 °C for 31 s. Expression of GAPDH mRNA was  
121 used as an internal standard and was not significantly different between the cold and  
122 control groups. Gene expression results are shown as a percentage of the control value.

123

#### 124 *2.4. Western blot analysis.*

125 Skeletal muscles from the chicks were homogenized in 2 ml lysis buffer  
126 comprising 20 mM Tris-HCl, 100 mM NaCl, 1 mM ethylenediaminetetraacetic acid, pH  
127 8.0, and 0.5% Igepal nonionic detergent. The lysate was centrifuged at 14,000g for 30  
128 min at 4 °C, and the supernatant was collected. Total protein concentration was  
129 estimated by a protein-dye binding assay [2] using a commercial kit (500-0116;  
130 Bio-Rad, Hercules, CA) with mouse IgG as the standard. Aliquots of skeletal muscle  
131 were stored at -80 °C until analyzed by western blotting. Western blot analysis was  
132 performed as described previously [7].

133

#### 134 *2.5. Retrovirus preparation.*

135 The GP2-293 packaging cells (purchased from Clontech, Mountain View, CA)  
136 were used to generate retroviruses according to the manufacturer's instructions. A total  
137 of  $6 \times 10^5$  cells were placed in a six-well plate and cultured for 24 h. Six micrograms of

138 retroviral vector pVSVG, pMX GFP, or pMX CTIF-GFP was transfected into the cells  
139 by Lipofectamine 2000 (Invitrogen, Tokyo, Japan). After 8 h of incubation under 5%  
140 CO<sub>2</sub> at 37 °C, the medium was exchanged with Dulbecco's modified Eagle's medium  
141 (DMEM; Invitrogen, Tokyo, Japan) and cultured for another 48 h. The supernatant of  
142 the culture medium was taken and filtrated through a filter with a 0.45- $\mu$ m pore size  
143 (Toyo Roshi Kaisha Ltd., Tokyo, Japan).

144

## 145 *2.6. Cell culture*

146 C2C12 cells were bought from Riken Bioresource Center. One day prior to  
147 transfection, C2C12 cells were subcultured at  $2 \times 10$  cells/well under 5% CO<sub>2</sub> at 37 °C  
148 in DMEM supplemented with 10% fetal bovine serum (FBS) and 1%  
149 penicillin/streptomycin. The medium was exchanged with DMEM supplemented with  
150 10% FBS, 1% penicillin/streptomycin, 4  $\mu$ g/ml of polybrene, and viral supernatant and  
151 cultured for another 24 h. The medium was exchanged every 3 days.

152

## 153 *2.7. Cell proliferation assay.*

154 Cell number was assessed using the reagent WST-1 (Roche) according to the  
155 manufacturer's instructions. Cells were plated at a density of  $4 \times 10^2$  cells into 96-well  
156 plates with DMEM supplemented with 10% FBS (proliferation media) or 2% horse  
157 serum (HS) (differentiation media). After 24, 48, and 72 h of incubation, WST-1 reagent  
158 was added and incubated for 4 h, then measured at a wavelength of 450 nm using a  
159 microplate reader (Model 680; Bio-Rad, Hercules, CA).

160

## 161 *2.8. Immunofluorescence.*

162 To examine the localization the localization of PRL-L protein in skeletal  
163 muscle, the gastrocnemius muscles of the NT group chicks were used in this experiment.  
164 Serial cross-sections (7  $\mu\text{m}$  thick) were cut with a microtome (CM30503; Leica  
165 Microsystems, Wetzlar, Germany) at  $-28\text{ }^{\circ}\text{C}$  and collected onto slides. The sections were  
166 incubated in PBS containing 0.3% (v/v) Triton X-100 (PBS-TX) for 10 min, and then  
167 incubated again in PBS-TX for 5 min. They were subsequently rinsed twice in PBS for  
168 5 min and incubated in 100 ml of methanol for 7.5 min, then incubated in PBS  
169 containing 0.3% (v/v)  $\text{H}_2\text{O}_2$  followed by rinsing with PBS. After rinsing three times  
170 with PBS-TX for 5 min, the sections were incubated with primary antibody against  
171 PRL-L, which was outsourced to Trans Genic Inc. (Kumamoto, Japan), for 12 h at  
172  $10\text{ }^{\circ}\text{C}$ . The sections were then rinsed nine times with PBS-TX for 5 min. The sections  
173 were subsequently incubated with secondary antibody (Sc-2004; Santa Cruz  
174 Biotechnology, Inc.) for 12 h at  $10\text{ }^{\circ}\text{C}$  and were then rinsed nine times in PBS-TX. After  
175 rinsing with water three times, the sections were mounted with a mounting medium  
176 (TA-030-FM; Thermo Fisher Scientific, Waltham, MA). The sections were observed  
177 with a fluorescence microscope (BX-51; Olympus, Tokyo, Japan).

178

### 179 *2.9. Statistical analysis.*

180 Differences between groups were tested using Fisher's exact probability test  
181 for categorical variables, and parametric [if normally distributed, analysis of variance  
182 (ANOVA) followed by Tukey's multiple comparisons test or unpaired Student's t-test]  
183 or non-parametric (if not normally distributed, Welch's t-test) for continuous variables. P  
184 values under 5% were considered to indicate statistical significance. All analyses were  
185 performed with a general linear model using SPSS Statistics 17.0 (Statistical Packages



186 for the Social Sciences, released 23 August 2008).

187

### 188 **3. Results**

#### 189 *3.1. Effects of cold exposure on PRL-L expression in several tissues of chicks.*

190           Body temperature of chicks exposed to cold for 24 h was not different with that  
191 of chicks kept at ambient temperature (control,  $41.6 \pm 0.1$  °C; cold,  $41.8 \pm 0.1$  °C). Fig.  
192 1A shows the expression levels of PRL-L in a representative northern blot of RNA from  
193 several tissues of chicks. A stronger PRL-L mRNA signal was detected in sartorius and  
194 pectoral muscle of chicks exposed to cold for 24 h compared to that of the control  
195 chicks. The PRL-L mRNA expression in sartorius muscle of cold-exposed chicks was  
196 markedly increased (240-fold) compared with that of the control chicks (Fig. 1B), and  
197 the increased expression of PRL-L protein was observed in sartorius muscle of  
198 cold-exposed chicks compared with control chicks (Fig. 1C). In the pectoral muscle,  
199 mRNA expression of PRL-L gene was increased in response to 24 h of cold exposure  
200 (Fig. 1D). The basal expression of PRL-L mRNA was higher (38-fold) in sartorius  
201 muscle than in pectoral muscle of control chicks at 7 days of age (Fig. 1E). On the other  
202 hand, no response of PRL-L mRNA to cold exposure was observed in any other tissues,  
203 including brain. Although PRL-L mRNA expression was predominantly expressed in  
204 the pituitary gland [20], the PRL-L mRNA expression in the pituitary gland was not  
205 changed in response to 24 h of cold exposure (Fig. 1F).

206           Increased PRL-L mRNA expression was observed in sartorius muscle after  
207 exposure of chicks to cold for 3 h (Fig. 2A, B). The PRL-L mRNA expression was  
208 further increased at 6 of cold exposure. The overall body weight of chicks was not  
209 affected by cold exposure (data not shown), in agreement with our previous studies [7].

210 The ratio of sartorius muscle to body weight, which is calculated as a ratio between the  
211 sartorius muscle weight (mg) and the body weight (g) and expressed in mg/g body  
212 weight, was significantly increased in chicks exposed to cold for 6 h (Fig. 2C). On the  
213 other hand, the ratio of pectoral muscle to body weight was not different among  
214 treatments (Fig. 2D). In addition, Fig 3 shows that time course of Caspase-3 gene  
215 expression in sartorius muscle of cold-exposed chicks. The Caspase-3 mRNA  
216 expression was tended to increase after 1h of cold exposure and then be decreasing,  
217 while there was no statistical difference among treatments.

218 The 5'-flanking region of the PRL-L gene includes the putative binding sites  
219 for nuclear factor of activated T cells (NFAT) and cAMP response element-binding  
220 protein 1 (CREB) [20]. And either NFAT or CREB interacts with peroxisome  
221 proliferator-activated receptor-gamma coactivator-1 (PGC-1 $\alpha$ ) [4,12], whose expression  
222 was acutely increased in the sartorius muscle of cold-exposed chicks [8]. Therefore,  
223 mRNA expression of these genes was examined in the sartorius muscle of chicks  
224 exposed to cold for 1 h (Fig. 4). PGC-1 $\alpha$  and NFATc1 mRNA expression in sartorius  
225 muscle were elevated at 1 h of cold exposure. On the other hand, NFATc3 and CREB1  
226 mRNA expression were not changed in sartorius muscle of chicks in response to 1 h of  
227 cold exposure.

228

### 229 *3.2. Exogenous expression of PRL-L gene in C2C12 cells.*

230 PRL-L was introduced into the cell line C2C12 by retroviral gene transfer (Fig.  
231 5). Stable PRL-L mRNA expression was confirmed. Cell proliferation rates did not  
232 differ among three cell lines when cultured in DMEM with 10% FBS. On the other  
233 hand, when cultured in DMEM with 2% HS, C2C12-PRL-L-GFP cells showed higher

234 proliferation rates than those of untransduced C2C12 cells. There was no difference  
235 between C2C12-GFP cells and untransduced C2C12 cells. Caspase-3 mRNA expression  
236 was lower in C2C12-PRL-L-GFP cells than in C2C12-GFP cells at both time points (0  
237 and 24 h) in DMEM with 2% HS.

238

### 239 *3.3. In vivo localization of PRL-L protein.*

240 *In vivo* localization of PRL-L protein in cross-sections of gastrocnemius  
241 muscle of chicks was detected by fluorescence microscopy (Fig. 6). PRL-L was  
242 observed to present in the extracellular matrix of skeletal muscle, while this protein was  
243 not observed in myofibers.

244

## 245 **4. Discussion**

246 PRL-L has been cloned from chicken brain and is widely expressed in chicken  
247 tissue including the brain, heart, kidney, lung, skeletal muscle, ovary, testis, and spinal  
248 cord [20]. In this study, weak expression of PRL-L mRNA was confirmed by northern  
249 blotting in all tissues examined in this study in chicks kept at a thermoneutral  
250 temperature. Exposure of chicks to cold for 24 h markedly induced expression of PRL-L  
251 mRNA both in the sartorius muscle and the pectoral muscle. PRL-L mRNA expression  
252 in other tissues examined in this study, including pituitary gland, was not elevated in  
253 response to 24 h of cold exposure. Therefore, PRL-L might have a role not so much in  
254 pituitary gland but in the skeletal muscle of cold-exposed neonatal chicks.

255 Although PRL-L mRNA expression was increased in both the mixed sartorius  
256 muscle and the white pectoral muscle, the degree of increase was higher in the mixed  
257 sartorius muscle than that of the white pectoral muscle. In addition, the degree of

258 increase was 50 times higher in sartorius muscle compared to pectoral muscle. Because  
259 little information is available for differences in intracellular signaling pathways between  
260 slow- and fast-twitch fibers of skeletal muscle in birds, the reason for the higher  
261 responsiveness of PRL-L gene expression to cold exposure in the mixed sartorius  
262 muscle compared with the white pectoral muscle remains unclear. In humans, treadmill  
263 running induces different intracellular signaling responses in slow- and fast-twitch  
264 fibers of skeletal muscle [19]. Therefore, disparity in the responsiveness of this gene  
265 between the mixed and white muscles may be caused by the differences in the  
266 intracellular signaling pathways between slow- and fast-twitch fibers. The basal  
267 expression level of PRL-L mRNA in the mixed sartorius muscle was higher than that in  
268 the white pectoral muscle. These results indicate that the change in PRL-L expression  
269 induced by cold exposure might occur predominantly in slow-twitch fibers in mixed  
270 muscle. Moreover, PRL-L mRNA expression was increased preceding the increase in  
271 sartorius muscle weight. This is in agreement with our previous study that revealed that  
272 neonatal chicks exposed to cold show increased sartorius muscle weight in association  
273 with decreased myostatin mRNA expression [7,8]. These findings suggest that changes  
274 in the gene expression of PRL-L that occur early in cold exposure might be related to  
275 the increase in the mixed sartorius muscle weight of cold-exposed neonatal chicks.

276 PGC-1 $\alpha$  mRNA expression in murine muscles differs in terms of predominant  
277 fiber types; i.e., PGC-1 $\alpha$  mRNA expression in slow-fiber-enriched soleus muscle is  
278 higher than that in fast-fiber-enriched muscles [10]. Similarly, in neonatal chicks,  
279 PGC-1 $\alpha$  mRNA expression was higher in mixed sartorius muscle than white pectoral  
280 muscle [7,8]. PGC-1 $\alpha$  interacts with NFAT, myocyte enhancer factor 2, and CREB  
281 [4,12]. The 5'-flanking region of the PRL-L gene includes the putative binding sites for

282 some transcriptional factors, including NFAT and CREB [20]. In this study, both  
283 PGC-1 $\alpha$  and NFATc1 mRNA expression in mixed sartorius muscle of chicks were  
284 increased preceding the cold-induced increase in PRL-L mRNA expression. Therefore,  
285 PGC-1 $\alpha$  and NFATc1 may be involved in the transcriptional regulation of the PRL-L  
286 gene in mixed muscles of cold-exposed chicks. However, because little information is  
287 available for the interaction between PGC-1 $\alpha$  and NFATc1 in birds, further studies are  
288 needed to gain more information about the interactive role of these proteins in enhanced  
289 growth of mixed muscles of cold-exposed chicks.

290         Although there was no effect of exogenous expression of PRL-L in C2C12  
291 cells incubated in proliferation conditions, a proliferative effect of PRL-L was observed  
292 in differentiation conditions. Meanwhile, exogenous expression of PRL-L affected  
293 neither slow- nor fast-type skeletal muscle troponin I expression in differentiated  
294 C2C12 cells (supplemental Figure 1). In this study, C2C12-PRL-L-GFP cells showed  
295 lower expression of caspase-3 mRNA under the differentiation conditions, suggesting  
296 that PRL-L might affect caspase-3 gene expression. Fernando et al. [3] reported that  
297 inhibition of caspase-3 activity leads to dramatic reduction in both myotube formation  
298 and expression of muscle-specific proteins; hence, it was suggested that caspase-3  
299 activity is required for progression of skeletal muscle differentiation [3,6]. While the  
300 degree of decrease was weak, caspase-3 mRNA expression in the sartorius muscle of  
301 chicks was observed to be decreased after 6 h of cold exposure. Although it is unclear  
302 whether caspase-3 activity is influenced by exogenous PRL-L expression, it is possible  
303 that the enhanced growth observed in C2C12-PRL-L-GFP cells under differentiation  
304 conditions occurred because of the lower expression of the caspase-3 gene affected by  
305 exogenous expression of the PRL-L gene.

306           Because PRL-L was predicted to contain signal peptides [20], this protein  
307 might be secreted outside the cells. We observed that PRL-L tended to be present in the  
308 extracellular matrix of the mixed gastrocnemius muscle *in vivo*. In bovines, PRL-related  
309 protein is located in and anchored to the extracellular matrix through interactions with  
310 type IV collagen [18]. In humans, PRL is an autocrine or paracrine growth factor for  
311 both myometrial and leiomyoma cells [15]. These reports and our findings showing  
312 localization of the PRL-L protein allow to us to postulate that PRL-L acts as autocrine  
313 and/or paracrine factor in mixed muscle growth of cold-exposed chicks. Furthermore,  
314 we confirmed that molecular weight of the recombinant PRL-L protein (25 kDa) was  
315 similar to the predicted molecular weight of PRL-L protein [20], while PRL-L antibody  
316 recognized 36 kDa of protein in the sartorius muscle (supplemental Figure 2). Although  
317 the reason for the discordance of the molecular weight remains unclear, N-linked  
318 glycosylation is well known to occur on either secreted protein or membrane bound  
319 protein [1]. This result may support the hypothesis that PRL-L might act as secreted  
320 protein and raise the possibility that the PRL-L protein might be regulated by  
321 post-translational modification such as N-glycosylation.

322           In conclusion, PRL-L is specifically induced in mixed muscle of cold-exposed  
323 chicks, suggesting that PRL-L could play a role in mixed muscle growth of chicks  
324 induced by cold exposure as a secreted protein.

325

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331 Technology of Japan.

332

### 333 **Figure legends**

334 Fig. 1. Effects of cold exposure on PRL-L expression in chicks. (A) Representative  
335 northern blot data of PRL-L mRNA in various tissues of chicks. (B) Quantitative  
336 real-time PCR analysis of PRL-L gene expression in sartorius muscle. (C)  
337 Representative western blot results for PRL-L and  $\alpha$ -tubulin protein in sartorius muscle  
338 (upper, PRL-L; lower,  $\alpha$ -tubulin). (D) Quantitative real-time PCR analysis of PRL-L  
339 gene expression in pectoral muscle. (E) Comparison of PRL-L gene expression level  
340 between sartorius and pectoral muscles of NT chicks. (F) Quantitative real-time PCR  
341 analysis of PRL-L gene expression in pituitary gland. Results are normalized by  
342 GAPDH mRNA and expressed as % of respective control value. Values are expressed as  
343 means  $\pm$  SE (n = 6). NT, nontreatment. \* $P$  < 0.05 (vs. control).

344

345 Fig. 2. Time course of PRL-L gene expression in sartorius muscle of cold-exposed  
346 chicks. (A) Representative northern blot data of PRL-L mRNA in sartorius muscle of  
347 chicks. (B) Expression of PRL-L mRNA in sartorius muscle of chicks. Results are  
348 normalized by  $\beta$ -actin mRNA and expressed as % of respective control value. (C) Ratio  
349 of sartorius muscle to body weight of chicks. (D) Ratio of pectoral muscle to body  
350 weight of chicks. Values are expressed as means  $\pm$  SE (n = 6). \* $P$  < 0.05 (vs. control).

351

352 Fig. 3. Time course of Caspase-3 gene expression in sartorius muscle of cold-exposed  
353 chicks. Results are normalized by GAPDH mRNA and expressed as % of respective

354 control value. Values are expressed as means  $\pm$  SE (n = 6).

355

356 Fig. 4. Quantitative real-time PCR analysis of gene expression in sartorius muscle of  
357 chicks exposed to cold for 1 h. (A) Expression of PGC-1  $\alpha$  mRNA in sartorius muscle  
358 of chicks. (B) Expression of NFATc1 mRNA in sartorius muscle of chicks. (C)  
359 Expression of NFATc3 mRNA in sartorius muscle of chicks. (D) Expression of CREB1  
360 mRNA in sartorius muscle of chicks. Results are expressed as % of respective control  
361 value, and values are expressed as means  $\pm$  SE (n = 6). \* $P$  < 0.05 (vs. control).

362

363 Fig. 5. Effect of exogenous expression of PRL-L gene in C2C12 cells by retrovirus gene  
364 transfer. (A) PRL-L mRNA was expressed only in C2C12-PRL-L-GFP cells. Cells were  
365 plated in (B) DMEM with 10% FBS or (C) DMEM with 2% HS. Cell proliferation was  
366 determined by the absorbance of the WST-1 reagent and measured at the indicated time  
367 periods. Results are expressed as % of respective control value (0 h), and values are  
368 expressed as means  $\pm$  SE (n = 12). \* $P$  < 0.05 (vs. control). (D) Effect of exogenous  
369 expression of PRL-L gene on caspase-3 mRNA expression in C2C12 cells. Cells were  
370 grown for the indicated time periods in differentiation medium. Results are normalized  
371 by GAPDH mRNA and expressed as % of respective control value (0 h of C2C12-GFP  
372 cells). Values are expressed as means  $\pm$  SE (n = 3).

373

374 Fig. 6. Immunofluorescence staining of PRL-L in cross-sections of gastrocnemius  
375 muscle of 7-day-old chicks. (A) Bright-field micrograph of cross-section of  
376 gastrocnemius muscle of chicks. (B) PRL-L immunofluorescence in the same  
377 microscopic field of A. (C) Merging of the images shown in A and B. Note the presence



378 of PRL-L, the location of which corresponds to spaces between myofibers (arrowheads).  
379 Bar, 20  $\mu\text{m}$ .

380

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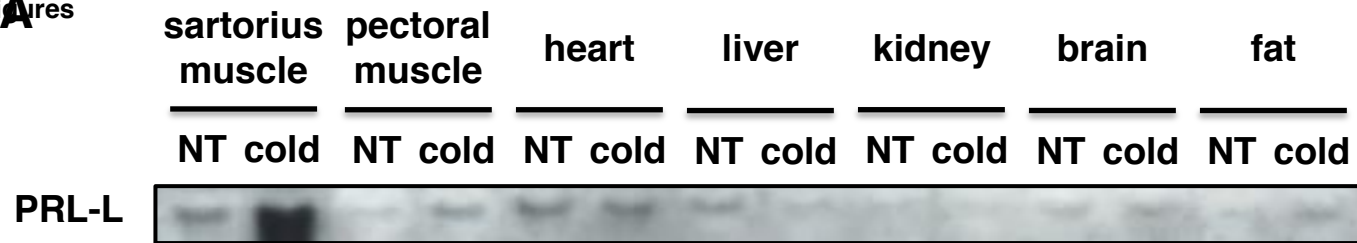
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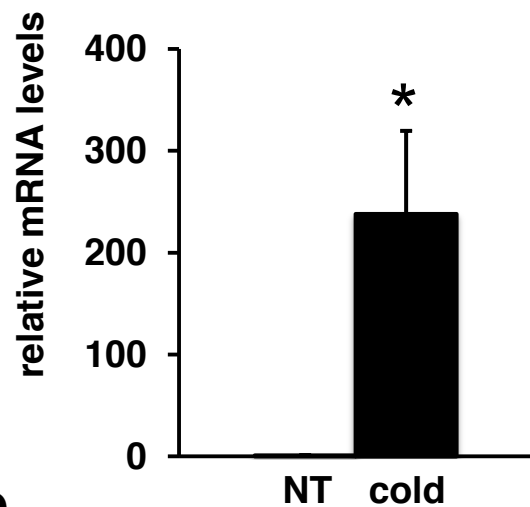
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Table 1 List of primers sequence used for quantitative real time polymerase chain reaction

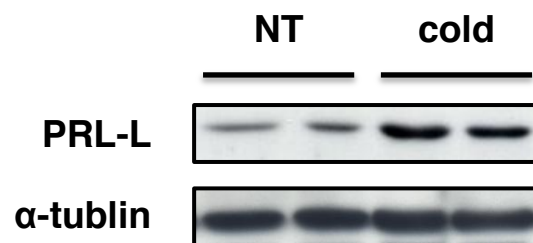
Animal	Gene		Sequence (5'-3')	Position (5'-3')	Size (BP)	Accession No.
chicken	PRL-L	Forward	GAAGTGCCACACGGCCACCA	266 - 441	76	NM_001001461.1
		Reverse	TGCTGAGGCTCTCACCAGGTAGC			
chicken	GAPDH	Forward	CCTCTCTGGCAAAGTCCAAG	120 - 319	200	NM_204305.1
		Reverse	CATCTGCCCATTTGATGTTG			
chicken	caspase-3	Forward	TGGCGATGAAGGACTCTTCT	557-729	173	NM_204725.1
		Reverse	CTGGTCCACTGTCTGCTTCA			
chicken	PGC-1 $\alpha$	Forward	GCAATTGAAGAGCGTCGTGT	2005 - 2114	110	NM_001006457.1
		Reverse	CCATAGCTGTCTCCATCATC			
chicken	NFATc1	Forward	AAGGCATCTGCTGGGGGCCA	1525 - 1623	99	XM_418906.3
		Reverse	GCGGTCGTCTGCAGTCCCAA			
chicken	NFATc3	Forward	GGGGCCTGGAGCATCTCCCAT	4 - 73	70	XM_414078.3
		Reverse	CCAGCCGCACGCACACAATG			
chicken	CREB1	Forward	GACGCGGTGTGTTACGTGGGG	123 - 367	245	NM_204450.2
		Reverse	TGCAGAAGACGTGGCGTGAGC			
mouse	capase-3	Forward	CTGCCGGAGTCTGACTGGAA	504-600	97	NM_009810.2
		Reverse	ATCAGTCCCCTGTCTGTCTCAATG			
mouse	GAPDH	Forward	AAATGGTGAAGGTCGGTGTG	65-172	108	XM_001479371.3
		Reverse	TGAAGGGGTCGTTGATGG			



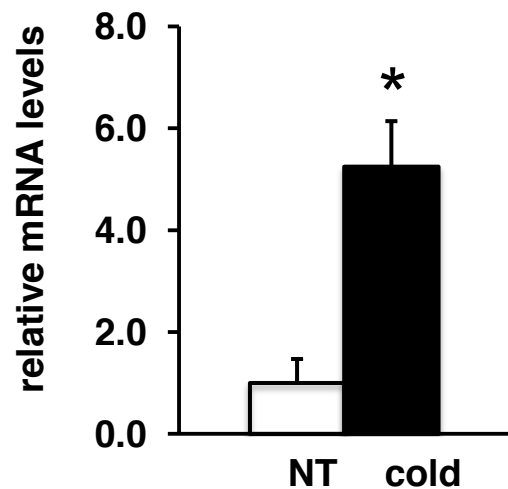
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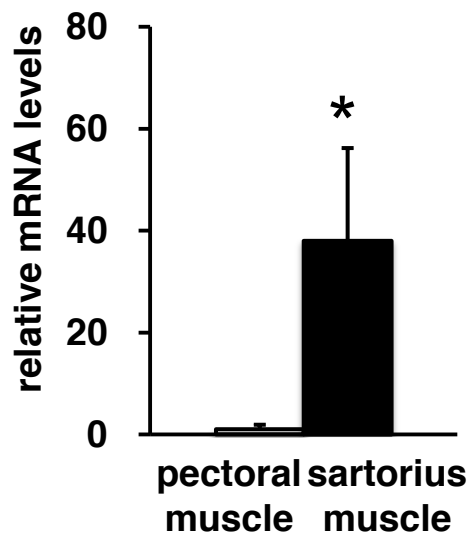
C



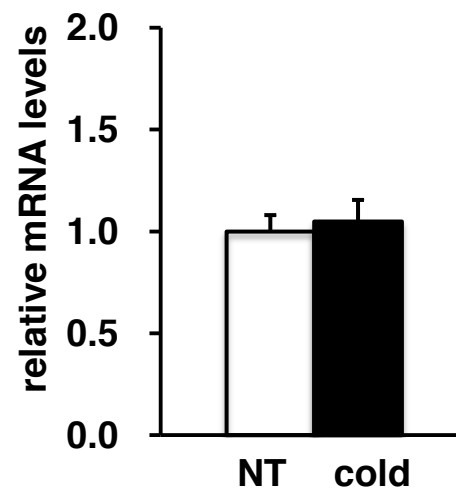
D



E



F



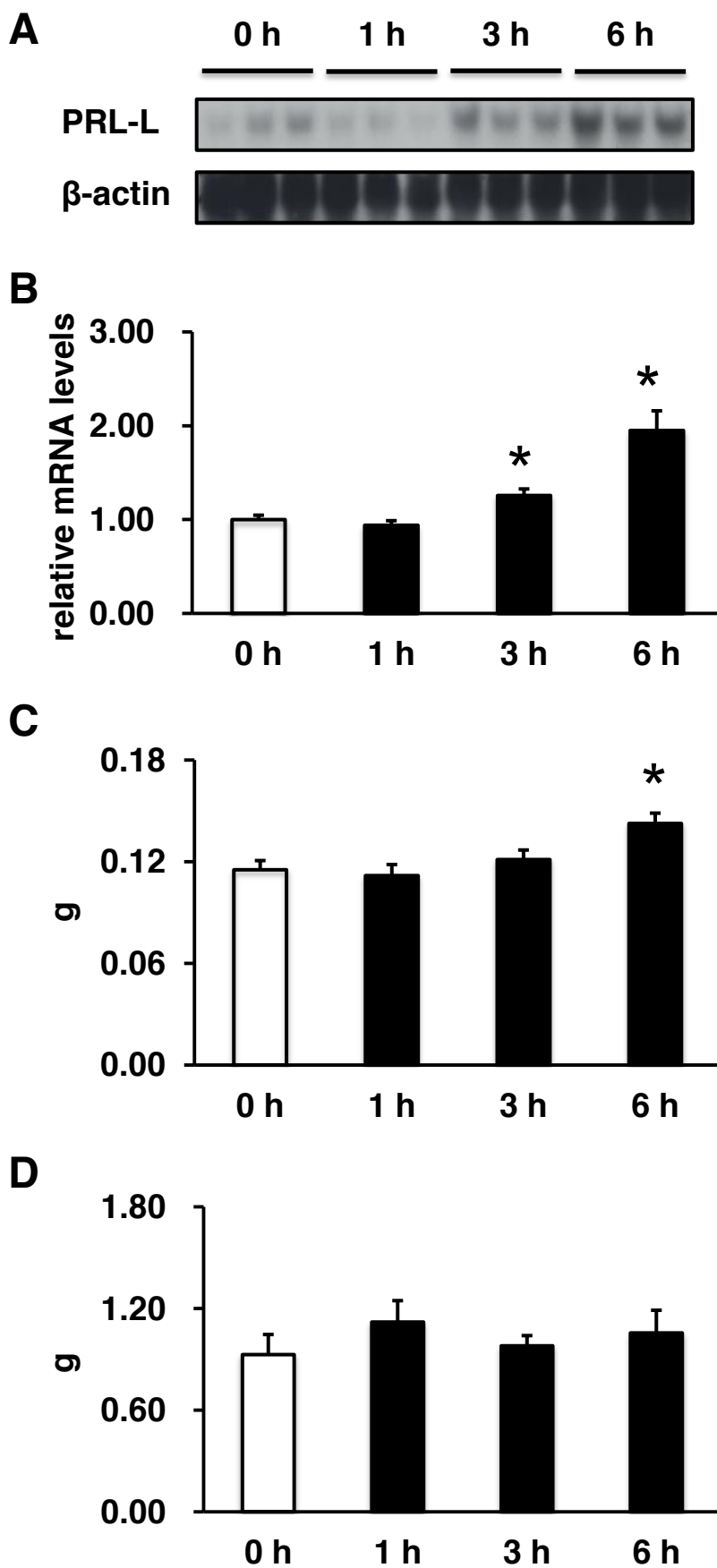


Figure 2

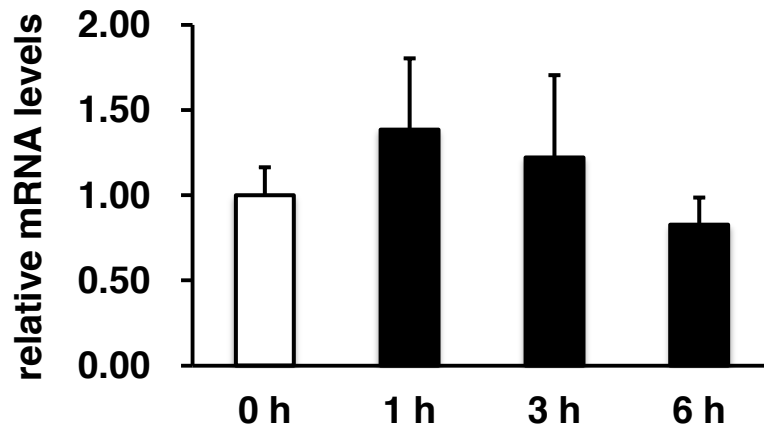


Figure 3

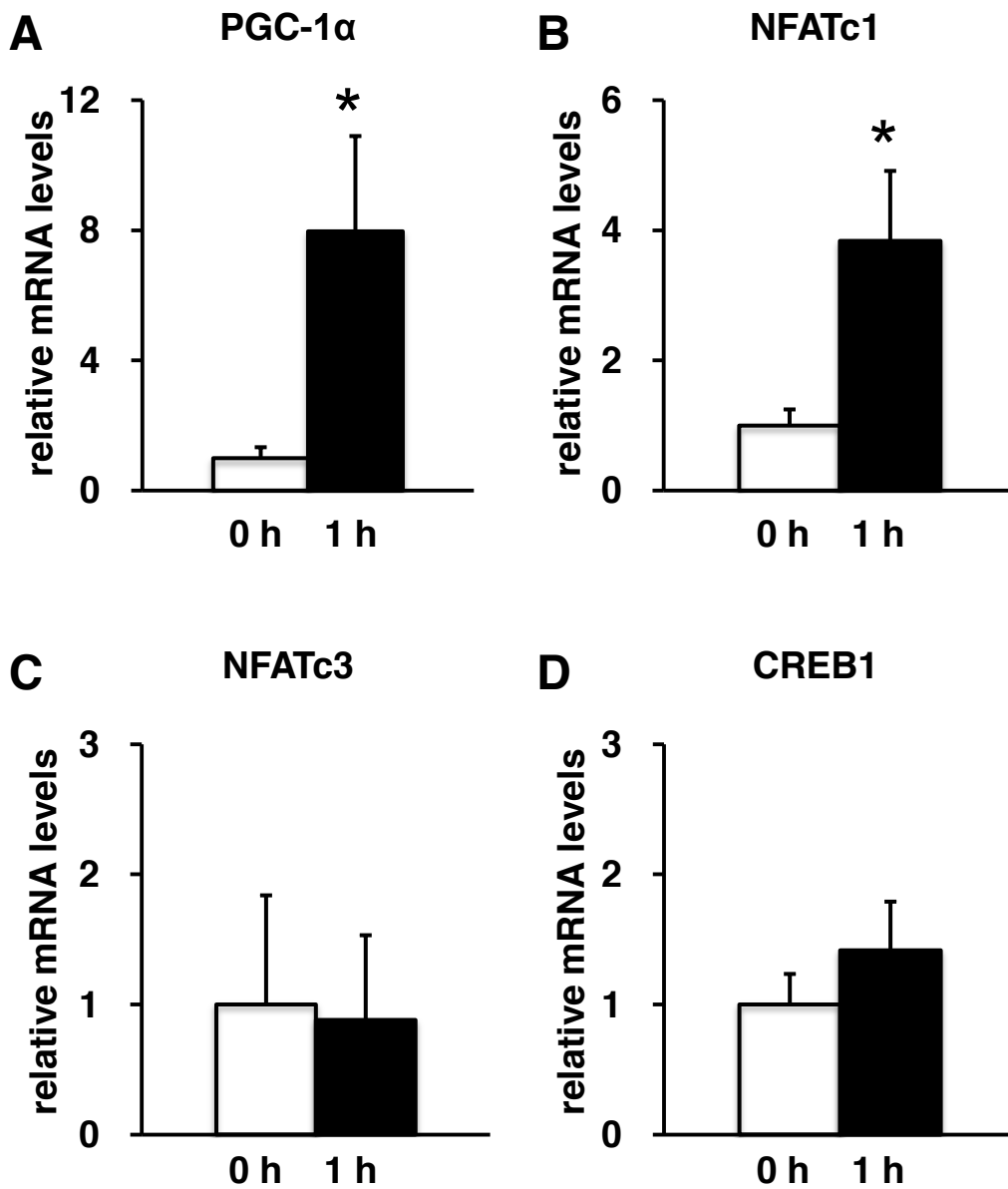


Figure 4



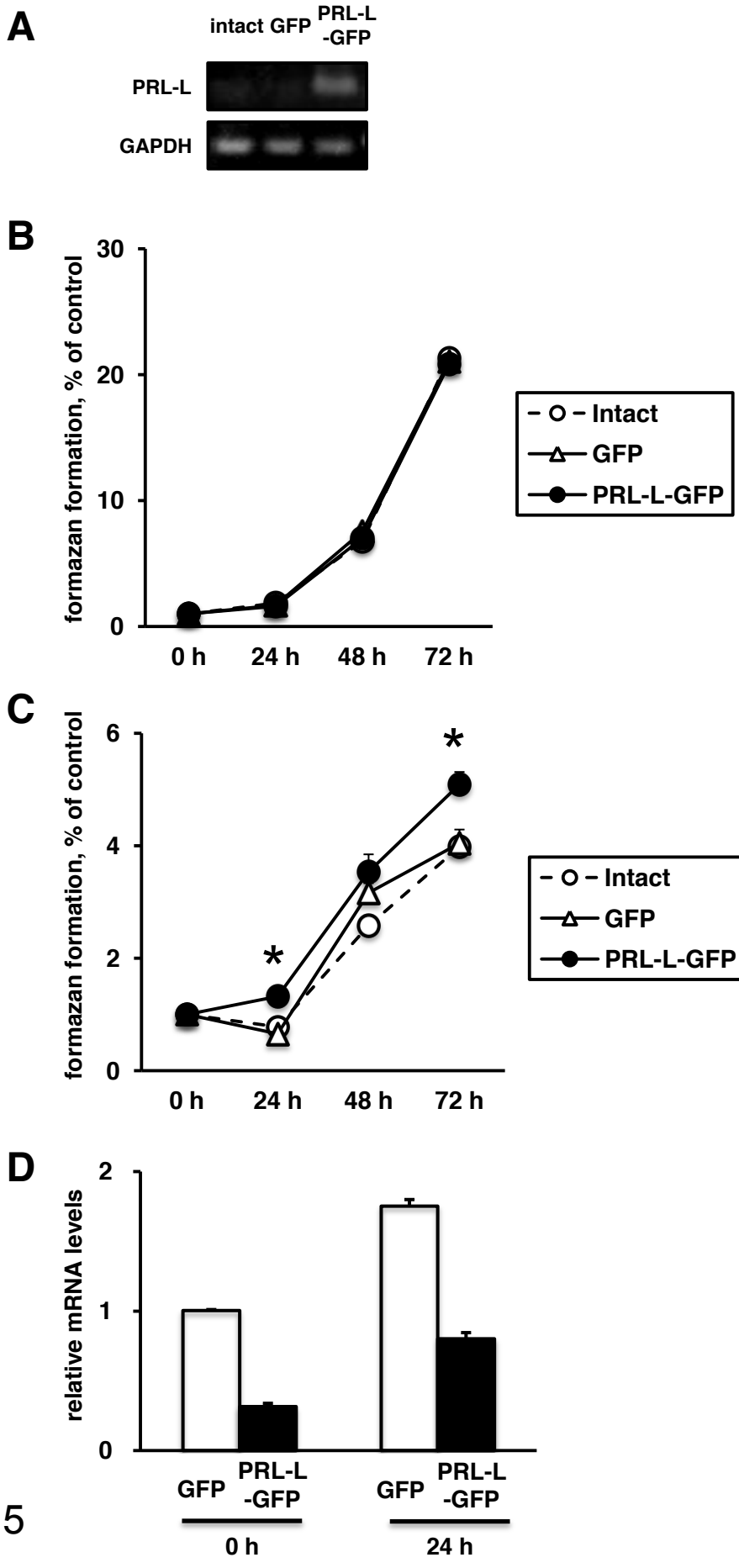


Figure 5

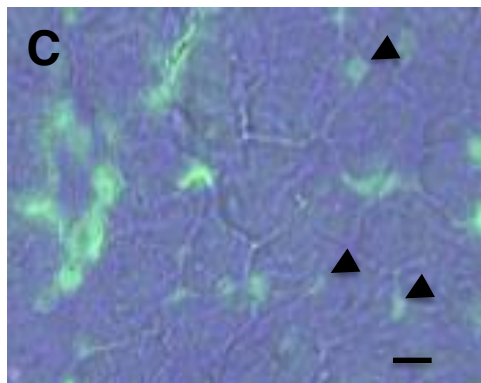
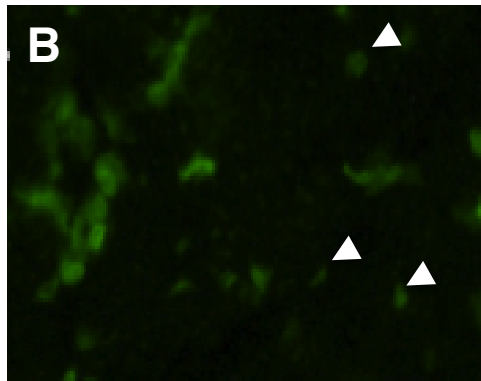
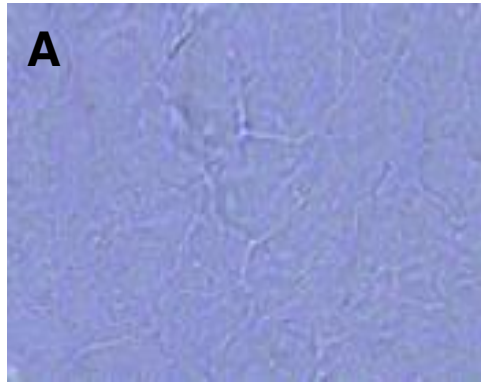


Figure 6